



# **Transitions in Higher Education for students on the Autism Spectrum.**

## **The importance of linking support across key stages.**

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# Outline of the workshop

Introductions

3 Key transition stages :

- Pre entry
- Progression through university
- Preparation for leaving

What do we need to think about at each transition stage?

How do we try to tackle these areas at GCU

How can we improve on this?

Summary



# Introductions



If you can tell us:

- Who you are
- Where you work
- Your knowledge/experience of autism
- What you hope to get from the workshop



# Key Transition Stage 1

Pre entry

Any point before starting university

Enquirers at any stage

Applicants

Pre registration students

Group task

Discuss and identify some of the possible challenges facing this group, at this stage of transition



# Pre entry support at GCU



Visits to the university

Pre entry correspondence

Summer Transition Programme

Pre entry study skills workshops

School visits



# Summer Transition Programme



3 day programme

Run in collaboration with NAS

Opportunity to meet other new students

Discuss the structure of university

Look at the changes between school/college and  
University

Introduction to other support services

Orientation of the campus

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# School Visits



New in 2013

Started with Duncanrig High in East Kilbride

Over two days

Initial visit to school to explain the purpose of the visit

Afternoon on campus the following day

Aim to increase awareness of what university is

New school added in 2015 – Isobel Mair School,

Newton Mearns

Possible new school on the horizon



# Key Transition Stage 2

## During Studies



At this point we are thinking about any registered student progressing through their programme from year to year.

### Group task

Discuss and identify some of the possible challenges facing this group, at this stage of transition







# Support During Studies at GCU

Student Mentor support  
Learning Development Centre  
Assistive technology/software  
External support  
Academic adjustments  
Counselling/therapy

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# Student Mentor Support

Recruited by the Disability Team directly  
Meet with student on a weekly basis  
Assist to plan and review their studies  
To show strategies to develop the students skills





# Key Transition Stage 3

Preparing to leave university    Difficult to define when this process should/does start  
This is the process of students finishing up on their current course and deciding what to do next

## Group task

Discuss and identify some of the possible challenges facing this group, at this stage of transition



# Support at GCU for students preparing to leave university



Careers Service

Mentor

External links

Socialeyes programme

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# What is Socialeyes



Socialeyes is a learning resource developed with, and for, people on the autism spectrum.

The resource is used by facilitators to help adults and adolescents to explore the social world and become more confident in social situations.



# How does it work?



## Eight modules

1. Starting a conversation
2. Eye contact
3. Personal space
4. Taking turns in conversation
5. Keeping on topic
6. Talking about interests
7. Sensitive topics
8. Ending a conversation



# How does it work continued..



5 stages within each module

1. What?
2. Why?
3. How?
4. When?
5. Try!



# Feedback and Evaluation



## Programme (8 modules)

- Pre programme self-assessment form
- Post programme self-assessment form
- Post programme evaluation of course

## Module

- Pre module self-assessment
- Post module evaluation





# How long does the program last?



- Individual to students
- Set calendar for modules
- One to one sessions are flexible
- Continual development





# Summary

3 key transitions

Support available at each stage

Continuation and dovetailing of support is vital

Any questions or comments?

