# Alyson Woodhouse’s talk

## Notes for speech

A more extensive explanation of CBAL can be found in the [CBAL Scotland guide here](https://www.lead.org.uk/a-guide-to-community-based-adult-learning/).

Personal Example of conducting a CBAL Course:

During the pandemic, I conducted a series of online lectures for fellow blind and Visually Impaired people around creating theatre monologues. Participants had different levels of experience ranging from beginners to established writers, so it was my responsibility as a facilitator to establish their needs and find a format which would allow everyone to engage with the course and learn something.

As students were Visually Impaired, I also had to ensure all supporting materials e.g. handouts were in accessible formats which could be read by screen readers.

Participants from course all claimed to have learned something from the experience and reported having gained skills and confidence which they could transfer into other areas of their lives and work.

These specific courses were run by an English company called Engage to Stage and had been funded for a specific purpose, but other companies such as Birds of Paradise and Visually Impaired Creatives Scotland have been known to provide similar opportunities.