# Neil Skene’s notes for speech

## My Introduction

As someone who performs live Stand Up for a living you may be surprised to learn that I’m very introverted and due to this fact never really engaged with formal education, hence the reason I do stand up!

## Positives of CBL

The CBL model helped me with learning and got me socially included.

Learning in for me what personally is a manageable group size.

The relaxed atmosphere generated enabled me to learn at my own pace without pressure.

The peer support and camaraderie I gained massively enhanced my self confidence which made the learning an enjoyable experience I had never had whilst in mainstream education.

An example would be, normally I would be the last person to raise their hand with a question or to participate in group discussions, but with smaller intimate group sizes I relish this part of learning under CBL.

## Technology and Reasonable Adjustments section in the guide

As a blind person who tries to embrace technology in my personal life, I found the technology section in the guide crucial and a great resource for anyone entering into CBL.

I would also reassure anyone who is skeptical about their reasonable adjustments being met, I found again the CBL model much better for this as the smaller more personalized style meant that it was easier to explain and have my technical needs met.